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Government
Publication

COMMISSION OF INQUIRY INTO THE
USE OF DRUGS AND BANNED PRACTICES
INTENDED TO INCREASE ATHLETIC PERFORMANCE

B E F O R E:

THE HONOURABLE MR. JUSTICE CHARLES LEONARD DUBIN

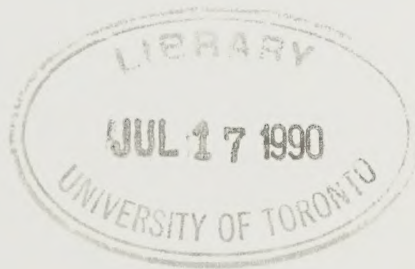
HEARING HELD AT 1235 BAY STREET,
2nd FLOOR, TORONTO, ONTARIO,
ON THURSDAY, APRIL 13, 1989

VOLUME 38

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MR. A. PRATT	on behalf of Charles Francis
MR. L.M. LIPKUS	on behalf of Ben Johnson
MR. SOOKRAM	on behalf of Dr. M. G. Astaphan
MR. DePENCIER	on behalf of the Government of Canada
MR. R. STEINECKE	on behalf of the College of Physicians and Surgeons of Ontario
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MR. D. MANN	on behalf of the Canadian. Olympic Association





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--- Upon commencing.

THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Yes, thank you, Mr.
Commissioner. My next witness is David McKnight.

5 THE COMMISSIONER: Mr. McKnight.

DAVE MCKNIGHT: Sworn

--- EXAMINATION BY MR. ARMSTRONG:

10 THE COMMISSIONER: All right. I think that
will be fine for the cameras. Thank you.

MR. ARMSTRONG: If I could just have a
moment, I seem to have put my notes in my notebook
backwards.

15 THE COMMISSIONER: Don't follow that course
in your examination.

MR. ARMSTRONG: Well, there are probably
some people that think my notes are in backwards everyday.

20 MR. ARMSTRONG:

Q. All right. Mr. McKnight, you were
born in the island of Trinidad in January of 1959?

A. Yes.

Q. And when did you come to Canada?

25 A. 1967.

Q. All right. And you came with your four sisters and mother and father?

A. Yes.

5

Q. And you have lived in Toronto ever since that time?

A. Yes.

Q. And what public school did you go to?

A. Anthony Road Public School, it's in Downsview.

10

Q. All right. And then what high school did you go to?

A. C.W. Jefferies.

15

Q. And it was while you were in public school that you began your track and field career running in various races; am I right?

A. Yes.

20

Q. And then you became more serious, like many of your colleagues in the track and field world that we have had heard from, when you got into my school and your events were the long jump, the 100 meters, and the 4 X 100 meters?

A. Yes.

25

Q. All right. And during the course of your high school career, you usually found yourself in Metro Toronto in the top three?

A. Yes.

Q. And you are of the, more or less, the same era and vintage as Desai Williams?

A. Yes.

5 Q. And you and Desai Williams and Raymond Daley often found yourselves in the same meet?

A. Yes.

10 Q. All right. And then at some point in time about 1977-'78, you became a member of the Scarborough Optimist Track and Field Club?

A. Yes.

Q. And your coach initially at the Scarborough Optimist Track and Field Club was Peter Cross?

A. Yes.

15 Q. We have heard that Peter Cross at some point, about '77 or '78, was appointed a track and field coach at Clemson University in South Carolina, and that a number of athletes followed him from the Scarborough Optimist Track and Field Club to Clemson. Were you one of those athletes?

20

A. Yes, I was one of the athletes.

Q. Did you go down there at the same time that Desai Williams went to Clemson?

A. Yes.

25 Q. Were you there, as was Desai Williams

and the others, on a full track and field scholarship?

A. Yes, we had a full scholarship, yes.

Q. Who were your roommates at Clemson?

A. It was Raymond Daley, Desai Williams,
5 Cornell Messam, and myself.

Q. All right. Now, at some point after
you got down to Clemson, do you remember an occasion when
you and your roommates were introduced to the drug
Dianabol?

10 A. Yes, I remember it clearly. We were
all -- we got there shortly after that, it would be a
couple of months after we had gotten there, and I guess
through the system we were introduced -- I think it was by
Sam Colson, one of the coaches down in Clemson down there.
15 We -- I guess we got into doing some -- I guess to train,
the overall training.

And one day I guess we were training and
one -- got some of the pills. The pills were handed down
to us. I don't think -- I can't remember if it was from
20 Peter Cross, but Peter Cross brought the pills -- were
administered I think by Peter.

Q. When you say administered by Peter, you
mean given to you by Peter?

A. Yes, we were given the pills by Peter.

25 Q. All right. When you say "we were given

the pills by Peter" --

A. Meaning --

Q. -- who did you mean?

5 A. -- Desai, Cornell, Raymond Daley, and myself.

Q. All right. And the four of you shared a room?

A. Yes, we did.

10 Q. All right. Were the pills that you believe they were given to you or the group by Peter Cross?

A. Yes.

Q. Were they in your room?

15 A. Yes, they were. I clearly recollect we always used to joke about it when we used to take our vitamins, and we would -- we were laughing, we used to laugh about the size, how big we were getting, and how strong we were getting.

20 Q. All right. I take it then you took some of the pills?

A. Yes, I did.

Q. What color were they?

A. Blue.

25 Q. Anybody else in the group take the pills?

A. Sure. I recollect Raymond Daley,
Desai, Cornell.

Q. The pills were blue. Did you and the
others understand they were steroids?

5 A. Yes, we did.

Q. Did you believe them to be Dianabol
pills?

A. Yes, we did.

10 Q. Did the others, including Desai
Williams, understand they were Dianabol pills?

A. Yes, sir.

Q. And steroids?

A. Yes.

15 Q. Then as part of your training program
at the time that you were taking the Dianabol pills, were
you involved in lifting weights?

A. Yes, we were.

20 Q. What effect did the taking of the
Dianabol pills at least appear to you and the others to
have on your ability to lift weights?

A. Astronomical. We used to, like I said,
we used to laugh about it.

THE COMMISSIONER: When you are speaking of
"we", is that the four of you?

25 THE WITNESS: Yes, the four of us.

THE COMMISSIONER: That's Mr. Daley and
Mr. -- what was the third man's name?

THE WITNESS: Cornell Messam.

MR. ARMSTRONG: Messam. And I believe that
5 his name is spelled M-E-S-S-A-M.

THE COMMISSIONER: Yes, that's right.
Thank you.

THE WITNESS: We used to --

THE COMMISSIONER: So, it was yourself, Mr.
10 Williams, Mr. Messam, and Mr. Daley?

THE WITNESS: Yes.

THE COMMISSIONER: Thank you.

THE WITNESS: We used to laugh about the
size, how big we were getting. And we go there training,
15 like go to our workouts and we would be able to just fly
right through our workouts. And like the football team in
Clemson, they used to have this -- I think it was the
1,000 Club or something like that, like three lifts, you
lift over 1,000 pounds, and we would be right up in there.

20 Q. With the football players?

A. Yes. Almost lifting just much as they
were.

Q. You are a fairly tall guy, but I take
it that some of the football players would be as tall and
25 a lot bigger than you?

A. Yes.

Q. All right. And so it became a bit of a joke?

A. Yes.

5 Q. And I suppose a sense of accomplishment that you and the other three roommates were up to the same lifts as the football players?

A. Yes.

10 Q. All right. And for about how long did you and your roommates go on this cycle of Dianabol?

A. I figure it was -- it was -- it pretty well through the fall periods I think about a couple of months.

15 Q. All right. Now, when you originally were given the Dianabol tablets, did either Mr. Cross or the other coach, Mr. Colson, or anybody else give you any advice about the side effects?

A. No.

Q. And --

20 THE COMMISSIONER: Were you told how much to take who --

THE WITNESS: Yes, we were told to take I think it was one tablet -- one or one tablet everyday for three days a week, something along that line. Because we
25 were pretty young --

THE COMMISSIONER: I understand.

THE WITNESS: -- just sort of versatile. I didn't really know exactly what's what. It was kind of like a joke to us, you know, we didn't really understand.

5

MR. ARMSTRONG:

Q. All right. And so far as -- you mentioned Cornell Messam's name as being included in the group. Do you have a clear recollection of whether or not he actually took the Dianabol pills?

10

A. Not clearly for Cornell.

Q. The other two --

A. Oh, yes, sure.

Q. -- Desai Williams and Daley --

15

A. Yes.

Q. -- you have a clear recollection about those two.

A. They were my close friends, my peers for years.

20

Q. All right. Then so far as your stay at Clemson is concerned, you were there for about two years; am I correct?

A. Two semesters, yes, two years.

Q. And you, in fact, competed on the Clemson track and field team while you were there?

25

A. Yes.

Q. And indeed it looks like the note I have is, and it's from the Athletes' Information Bureau of the CTFA, that you competed in June of 1980 in the NCCA
5 Championships on the 4 X 100 relay team. Would that be right, in 1980, that you --

A. Yes, that sounds about right.

Q. All right. And that is, indeed, the national championships of the --

10 A. American.

Q. -- of the American collegiate circuit?

A. Yes.

Q. And indeed your team reached the finals in the national championships?

15 A. Yes, we were All Americas first year.

Q. And then before moving away from Clemson, there is one highlight of your career at Clemson and it involved a college meet in Tennessee where you participated in the long jump?

20 A. Yes.

Q. And --

A. Yes --

Q. One of the competitors was whom? I will let you tell us?

25 A. Carl Lewis.

Q. How did you do in the long jump against Carl Lewis?

A. Well, Carl Lewis, he was just coming out of high school, it was my -- I think it was my first -- one of my first long jump competitions. And apparently I beat him that meet. I think I jumped about 26.4, or something like that.

Q. All right.

A. And needless to say to this stage, he is the world's best. And he always said to me -- he said, Dave, keep training, you know, you could be there, you could have been number -- like I could -- if I had a coach, I would have been number one, like to my recollection.

Q. All right. In any event, so far as the long jump is concerned, throughout your career you were completely self-coached?

A. Yes.

Q. Then you left Clemson presumably sometime around 1980 and came back to Toronto?

A. Yes.

Q. And like some of the others, I take it, that at Clemson things just hadn't gone as well as you hoped and you decided to come home?

A. Yes.

Q. And after you came home from Clemson, did you go back in to track and field immediately when you were back in Toronto?

5 A. Not directly. I sort -- I followed my daddy's footsteps and I did his apprenticeship, steamfitting. And then I sort of went in and out. I tried to get back after about, I guess it had to be about a year after. And I broke my ankle getting conditioning. And I fell off from there and just went back to work. It
10 was just like I was always in and out of track and field, I always tried and didn't succeed, but I always --

Q. Well, you succeeded pretty well compared to a lot of people who have been in the sport and, indeed, you told me this morning that you looked upon
15 track and field over the course of your career as a fun sport?

A. Yes, sir.

Q. And a lot of the time you did it just for the fun of it?

20 A. Yes.

Q. And indeed you competed on and off as you said, or in and out as you have said, and as recently the summer of 1988 --

A. Yes.

25 Q. -- did you compete in the national

championships in Ottawa?

A. Yes, sir.

Q. All right. Then, I am sorry, I have kind of moved you ahead. I am going to move you back.

5 You said when you came back from Clemson you went in to steamfitting to follow in your father's footsteps, started your apprenticeship. Then about 1982 or thereabouts, you came back into the sport once again?

A. Yes, full time.

10 Q. When you came back in to the sport, you went back to the Scarborough Optimist Track and Field Club?

A. Yes.

15

20

25

THE COMMISSIONER: Is this 1982?

MR. ARMSTRONG: 1982, thereabouts.

5 Q. I think you had told me that before you
had gone down to Clemson, you had been associated with the
Scarborough Optimists Track and Field Club?

A. Yes, sir.

10 Q. And up until the time you had gone to
Clemson, I take it Peter Cross had been your coach, sprint
coach at the Scarborough Optimists Track and Field Club?

A. Yes.

Q. Now when you came back and rejoined the
Scarborough Optimists Track and Field Club in about 1982,
we know that Charlie Francis was the sprint coach?

15 A. Yes.

Q. I'm assuming then that he became your
coach at that time?

A. Yes.

20 Q. And prior to that time, I suppose the
group was small enough that Charlie Francis wasn't any
stranger to you?

A. Yes.

Q. And that he had done some of your
coaching along with Peter Cross over the years?

25 A. Yes.

Q. All right. Then I'm going to move you along to 1984. In the spring of 1984 prior to the Los Angeles Olympic Games, Mr. Sokolowski was here yesterday and he testified that when the sprint group of Charlie Francis was down in Guadeloupe, you and he did not go to Guadeloupe for a training camp in the spring of 1984. Do you recall that?

A. Yes, sir.

Q. And he said that at that time, you and he decided to go on your own cycle of steroids. Do you recall that?

A. Yes.

Q. And what I am asking, of course, is not do you recall his evidence but do you recall that having happened yourself?

A. Oh, yes.

Q. And do you remember where the steroids came from that you and Sokolowski used to go on that cycle?

A. I think Tony Sharpe gave them to me.

Q. I'm sorry?

A. Pardon me?

Q. I interrupted you.

A. Tony gave them to me. He just had them laying around, extras.

THE COMMISSIONER: They were Dianabol?

THE WITNESS: Yes, they were Dianabol tablets, yes.

5

MR. ARMSTRONG:

Q. Thank you, that was my next question. And so what effect, if any, did the Dianabol tablets have on you and--

A. On our training program?

10

Q. Yes.

15

A. Well, like I said, we went through that duration. We were training, like, lifting. It was kind of crazy. Like, it was a matter of one minute you're lifting 300 pounds, the next minute -- week or two you're lifting close to 500 pounds. Like, it's astronomical.

Q. That dramatic, is it?

20

A. Yes, that dramatic in a matter of weeks. And I guess Charlie came back and he saw that we were in fine-tuned condition and he got kind of scared because Mike and myself, -- like, I've always been naturally strong overall, and he came back and he saw us lifting close to 700 pounds squats. I think my benchpress was 345. If you could see that in the weight room, that looks kind of ridiculous to see an athlete pushing that. So Charlie sort of took a little interest and it was,

25

guys, I'm going to have to try and steer you in the right direction from there.

Q. And you say Charlie Francis got a little scared. Can you just tell me what you mean or what you think he meant by that?

A. Well, I don't know, but I guess we were getting too strong for ourselves overall. He thought--I guess he sort of had some intuition that we were doing something. We didn't actually come out and tell him. Later on he found out that we actually embarked on a steroid program at that time, but he sort of got scared first and tried as a coach, tried to steer us in the right direction.

Q. Tried to steer you in the right direction?

A. Right direction. He didn't want us to get hurt. Like, that kind of weight is really, really dangerous. Like, 700 pound squats 300 pound bench.

THE COMMISSIONER: You should become a weightlifter instead of a sprinter.

THE WITNESS: That's part of it. That's part of the training program.

MR. ARMSTRONG:

Q. So then he was concerned as you said,

that you would be steered in the right direction?

A. Yes.

Q. Did he make any suggestion then as to how you might be steered in the right direction?

5 A. Well, he just told us to go visit Dr. Astaphan, and we just--I guess I can't recollect. Like Mike said, we might have--I might have went on my own and Mike went the latter part, but we always sort of embarked when we were together most of the times because we were
10 living together in the same apartment during our preparation for the Olympics.

Q. All right. Then let me just help you to refresh your memory. In April of 1984, the OHIP records that we have obtained in regard to your
15 attendances at Dr. Astaphan's office indicate that you went to his office about eight times in April of '84, fourteen times in May of '84 and also eight times in June of '84, and five times in July of '84. Then there are various attendances as well in 1985 and 1986. Again, I
20 don't need to try everyone's patience by going through the details of each visit, but first of all, did Dr. Astaphan become, in a sense, your family doctor?

A. Yes.

Q. Now, when you were steered in his
25 direction by Mr. Francis, did you have then the occasion

to discuss the taking of a steroid program--

THE COMMISSIONER: Well at this stage, I guess Mr. Francis knew you had been on the Dianabol program yourself?

5 THE WITNESS: Yes.

MR. ARMSTRONG:

Q. And when you first went to Dr. Astaphan, did you then have some discussion with him about
10 a steroid program?

A. Not really. We didn't really discuss a program. It was sort of as a family physician, we just went through the basics. He was more of a friend. We sat down and he talked about sports and everything else, and I
15 guess after a period of time, went through a few blood tests and--

Q. I take it he did the usual physical examination?

A. Physical examination of us.

20 Q. Took a history of your health and had some blood tests done?

A. Yes.

Q. And at some point, did he start giving you injections of steroids?

25 A. Yes.

Q. And do you recall what the steroid injections were that you received from Dr. Astaphan?

A. I don't recollect the exact name, but I remember at first, where our first couple of visits was
5 basically we just had, like, a vitamin B12 vitamin-Inosine. It's like a vitamin B12, and later on it sort of--the needles were always prepared, and some days, I guess it was, like--it looked like the inosine was like light brown sort of. And I recollect when we would have
10 some of these shots, some days you could actually tell exactly, because you just could feel it. Like, it was just some vitamins. On other days, we'd have a shot and me and Mike, we always used to laugh about it. One minute we were just sitting here normally and the next minute we
15 would be, like, out of our--hysterical. Like, you were so jumpy and we couldn't move and then we knew exactly that we were receiving steroids.

Q. All right. Now I take it though from what you have said, that you knew that Dr. Astaphan from
20 time to time was giving you injections of steroids?

A. Oh, yes, sure.

Q. And did he tell you that?

A. Oh, yeah.

Q. You just don't recall the name of the
25 steroid?

A. Yes, I don't recall the exact names. I've heard all the different names, but I don't know the exact names.

5 Q. And do you remember what the colour of the steroid was when you got it?

A. Yes, it looked like a lightish brown, a lighter brown. You could tell it was mixed with inosine.

THE COMMISSIONER: It was mixed with inosine?

10 THE WITNESS: Yes.

MR. ARMSTRONG:

15 Q. All right. Let me ask you this. For approximately, and one realizes that this is five years ago so you don't have an instant recollection of every visit you would have made to Dr. Astaphan's office, but let me just put it this way. Do you remember approximately for what period of time you were on a steroids injectable program from Dr. Astaphan?

20 A. Not the exact detail. It was basically always in the fall period. It was basically the training period.

25 Q. Well, we have heard from Mr. Francis and others that the main training periods were the fall leading up to the indoor season. Then after the indoor

season, there was a spring training period. It looks like, Mr. McKnight, that during your first visits to Dr. Astaphan were in April of '84 with the earliest being April the 10th, '84. Is it likely based on that kind of information that you would have been introduced to a steroid program during the spring training period?

A. Yes.

Q. All right. Then did Dr. Astaphan ever give you some tablets called Winstrol?

A. Yes.

Q. And were they pink tablets?

A. Yes.

Q. And did he give you a dosage of those to take? By that I mean did he tell you how many to take over what period of time?

A. Just one tablet every couple of days.

Q. And do you remember for what period of time you were supposed to take them?

A. It was a short period. Just a matter of probably ten tablets. No particular cycle or anything.

Q. And would this have been in the 1984 period or later than '84?

A. Yes, somewhere within that period.

Q. And can you now recall what effect, if any, the Winstrol appeared to have?

A. It was pretty well the same effect as the Dianabol, except I couldn't really--it didn't really work that well with my system because I'm the type of person, I run like a vice so it made me too tight.

5 Q. You naturally run tight; is that it?

A. Yes, I run tight. But actually, I got the same results, the strength, the lack of sleep because your body's so fine-tuned.

10 Q. All right. I'm sorry to jump around a little bit with you. Going back to the injectables that you got from Dr. Astaphan, the injectable steroids at the times that you were getting those, you've told us that you and Mike Sokolowski would immediately know when you had some of the injectables because of the kind of jumpy
15 effect that it had on your body. Let me just ask you now what effect did it appear to have on your training performance?

A. Oh, the training performance just enhanced it. You can go through your whole training
20 schedule, like, and do additional. Like, it was--if you had to do ten 300s, you would just laugh right through that. Ten 4s, just laugh right through them. Just go right into your weight--do a whole weight workout and go home and have a few beers even on top of that. You
25 wouldn't be able to sleep. The drug enhancement from that

stuff, it's just incredible.

Q. So I take it it's fair to say that the injectable steroids you were receiving from Dr. Astaphan had a similar effect as to your recollection of the short
5 Dianabol program you had been on years before at Clemson?

A. Yes.

Q. And perhaps even more so this time?

A. Yes.

Q. Then we have heard some evidence from
10 more than one witness that there was a training camp in Tallahassee, Florida, in 1985, and we have heard some evidence yesterday that you were a participant in the training program in Tallahassee. Am I right?

A. Yes.

Q. And I wanted to ask you, do you recall
15 a visit with Mike Sokolowski either together or--well, obviously it's with Mike Sokolowski together. Did you and Mike Sokolowski go to Dr. Astaphan's office prior to going to the Tallahassee training camp?

A. Yes, Mike and myself made our own
20 little visit to Dr. Astaphan's office which--well, he knew we were going on the training camp to Tallahassee, and he had prepared a bottle. I guess a mixture of steroids for us for that particular training camp, and we got down to
25 Tallahassee--

THE COMMISSIONER: I'm sorry, this was for you and Mr. Sokolowski?

THE WITNESS: Yes, me and Mr. Sokolowski.

THE COMMISSIONER: There was a vial of
5 pre-mixed inosine and steroid?

THE WITNESS: Yes.

A. And we got down to Tallahassee.

MR. ARMSTRONG:

10 Q. Can I just stop you there. Did you know what the steroid was?

A. No, I didn't know the direct name.

THE COMMISSIONER: You mean the name?

MR. ARMSTRONG: Yes, I meant the name, yes.

15 THE WITNESS: Not offhand.

MR. ARMSTRONG:

Q. All right. In any event, there is no doubt in your mind that the mixture included a steroid?

20 A. Yes. It might have been one--it couldn't have been 117. I'm not sure.

Q. You have been spending too much time in the afternoon watching TV. I'm going to tell your steamfitter father about that. All right. Mr. McKnight,
25 when you got the stuff from Dr. Astaphan, did you--

THE COMMISSIONER: Did you get syringes too
and so forth?

THE WITNESS: Yes.

THE COMMISSIONER: This is to be injected
5 while you're at the training camp?

THE WITNESS: Yes.

MR. ARMSTRONG: You will have to deduct my
pay because that was my next question as well. Either
that or you've been reading my notes.

10 THE COMMISSIONER: I couldn't read them.
I'm not sure you can. I withdraw that.

MR. ARMSTRONG: Good thing.

THE COMMISSIONER: It's obvious that you
do.

15

MR. ARMSTRONG:

Q. All right, Mr. McKnight. He gave you
some syringes to take with you then?

A. Yes.

20

Q. Okay, And the bottle then was clearly
given to you and Mr. Sokolowski, and I talk it it was
understood that if he gave you the syringes, that you and
Sokolowski were going to inject each other?

A. Yes, we were.

25

Q. And what then happened when you got

down to Florida? Did you and Sokolowski take any injections of the mixture of steroids and inosine and vitamin B12?

5 A. Yes, we had about one or two shots and then apparently something happened dramatic. Charlie came into the room and said to us--I guess him and Mike had a little of a run-in. He came into the room and told Mike--Mike says, this is for us, this is for Dave and myself, and Charlie goes, who has priority over this? You 10 or Ben? You or Ben have priority over this, and it came up as a big flareup and that was it. That was the last we saw of the bottle. Needless to say, we got back to Toronto and Dr. Astaphan had told us that Ben had left his own bottle in Toronto.

15 Q. But you and Sokolowski went back to Astaphan's office?

A. Yes, we did.

Q. I take it that sometimes you and Sokolowski would go and see Dr. Astaphan together?

20 A. Sure, we lived together.

Q. So when you had appointments, they often tended to be at the same time?

A. Exactly.

Q. All right. So when you got back from 25 Tallahassee, Dr. Astaphan explained to you what had

happened, that he had prepared a bottle of the steroid and the vitamin B12 for Ben Johnson, but that Johnson had left his office and left it on his desk and forgot to take it?

A. Correct.

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THE COMMISSIONER: What other athletes were at Tallahassee at that time?

THE WITNESS: There was a lot of -- there was a number of athletes there. A lot of the younger girls. There was -- it was pretty well the whole crew was there.

THE COMMISSIONER: I see.

THE WITNESS: Yes.

10 MR. ARMSTRONG:

Q. Then let me just ask you a couple of questions, and then I want to ask you some questions about the 1984 Olympics. But before I go to that, I just wanted to ask you, you must have, over the years, known Ben Johnson?

A. Yes.

Q. And how did you get along with Ben Johnson?

A. Excellent.

20 Q. What was your opinion of him?

A. He was an excellent character, excellent character, very quiet nature, but we always got along well.

Q. All right.

25 A. Also went out with him a number of

times, different bars.

Q. What about Charlie Francis, he was your coach for the period from about 1982 forward?

A. Yes, he was, 11, 12 years.

5 Q. And he indeed had coached you prior to that you told me?

A. Yes.

Q. How did you and Charlie Francis get along?

10 A. We got along excellent, he was an excellent coach. He was more or less he was more -- I guess more having a coach for that long period of time is more or less just like your dad. He always took care of us. I mean most of -- Desai, myself, Raymond Daley. I
15 remember a particular time when we -- we didn't even have proper running shoes. We used to wear -- I think we were wearing those North Star shoes. And Charlie got us --

Q. They are kind of popular now. You should have saved them.

20 A. Yes, North Stars or something like that. And Chuck -- Chuck got us a scholarship, you know, Scholarship, got us a shoe contract with Addidas, you know. He sort of helped us out along the lines.

I mean I remember times when a lot of us
25 probably been in financial difficulties, not able to pay

the rent, your check hasn't come from Sport Canada on time, always \$40.00 for us. It was more -- more than a friend, more than a coach. Because I mean, sure, when things went sour, you always can go to him.

5 Q. All right.

A. He was there for you.

Q. All right. Then I want to go to --
back to 1984 and the lead up to the Olympic Games in Los Angeles. You ran in the nationals that year, which were
10 the Olympic --

A. Trials.

Q. -- served as the Olympic trials?

A. Yes.

Q. Did you run in the 100 meter race at
15 the nationals?

A. Yes, I ran the 100 meters.

Q. And tell us about that race, please, what happened and where you finished?

A. What happened I recollect pretty
20 clearly, we were in the -- I think it was in the semifinals and they were having a lot of problems with the tartan. The blocks weren't exactly sticking in the track. And what had happened, coming -- leading up to the finals, I was in the final, I think I was in lane two or three,
25 and Mr. Young -- I sort of -- Mr. Young, the starter at

that time, he recollects, like there was a second starter there to fire the pistol in case there's a false start, and my blocks happened to slip right back and I fell right on my face and I continued to race. I finished seventh at that particular trials, but I was running pretty well consistent during the year.

Q. All right. And were you chosen after the nationals to be a member of the 1984 Olympic relay 4 X 100 team?

A. Yes. They chose me as a sub on the relay, because apparently what had happened since I had finished seventh in the final, Charlie brought me down because I was running pretty well consistent. And we had a runoff with Andrew Mowatt and Sterling Hines was there because he had to show fitness. And we had a runoff and the loser -- the loser had to go home. And I had clearly beaten Andrew. Apparently, I think I came second or third in that race. Andrew clearly, he didn't at that day, when you have to perform at your best, we were at the Olympics, you know, he didn't performance and they had to send him home.

THE COMMISSIONER: So, there actually as a runoff --

THE WITNESS: Yes, there was a runoff in Sacramento.

THE COMMISSIONER: -- because we heard from
Mr. Mowatt the other day that he felt badly because --

THE WITNESS: Yes.

THE COMMISSIONER: -- he had beaten you at
5 the nationals --

THE WITNESS: Oh, yes, there was --

THE COMMISSIONER: -- but you say Mr.
Charlie decided there should be a runoff.

THE WITNESS: Yes.

10 THE COMMISSIONER: And you won your place in
the runoff?

THE WITNES: Yes.

THE COMMISSIONER: I see, thank you.

15 MR. ARMSTRONG: All right. Can I just have
your indulgence.

THE COMMISSIONER: Surely.

MR. ARMSTRONG: I would like to just ask if
I could have five minutes.

20 THE COMMISSIONER: Surely. We will take a
five-minute break.

MR. ARMSTRONG: Thank you.

--- Short recess.

--- Upon resuming.

25

MR. ARMSTRONG: I am sorry. There is just one other matter before I finish.

MR. ARMSTRONG:

5 Q. Like Mr. Sokolowski, Mr. McKnight, you had a short-lived career as an Olympic bobsledder --

A. Yes.

Q. -- in that you were invited in the summer of 1988 to try out for the Canadian bobsled team?

10 A. Yes.

Q. And as a result, you did try out for a period, but you were not selected as one of the members --

A. No.

Q. -- of the bobsled team.

15 Those are all the questions I have, thank you.

THE COMMISSIONER: Any questions, Mr. Lipkus.

MR. LIPKUS: Thank you, sir.

20

--- EXAMINATION BY MR. McKNIGHT:

Q. Mr. McKnight, just dealing with the side effects of steroids, at any time prior to you embarking on your second dealings with steroids, did you have any
25 discussions with Charlie Francis about side effects?

A. No.

Q. Did you ever have any discussions with Mr. Francis about side effects?

5 A. Well, I read about it a little bit in the brochures about side effects. And to -- to my knowledge, anyone that takes steroids you are pretty well -- you are taking that chance. And I can't see where the side effects -- they are naturally there.

10 Q. When you say that they are naturally there --

A. Well, if you are embarking on a drug program, you are taking risks there, so it's automatically, there is no one at fault but yourself.

Q. So, you knew that going in?

15 A. Yes, I did.

Q. Did you know that going in the first time when you took them in '77 or '78?

A. Sure.

20 Q. So, when you took them the second time, later on, you weren't really concerned about the side effects?

A. No.

Q. Had you ever discussed side effects with Dr. Astaphan?

25 A. Well, I have -- no.

Q. You were --

A. I have always -- I read up -- I read up on brochures and everything, a lot of readings --

Q. When had you say brochures --

5 A. A lot of -- a buddy of mine had some -- I forgot the particular doctor that wrote -- wrote up about -- it says about different types of steroids and the side effects and everything, I read up a lot on that.

10 Q. To you it was a calculated risk, you were prepared to take that risk?

A. Exactly.

Q. Did you do it because you felt you wanted to be the best or did you feel that you just wanted to be better? I mean how would you describe it?

15 A. I basically just used steroids because training enhanced, it enhanced training, to take your -- take you beyond that point, because to be number one that's what it takes.

20 Q. Was it ever -- did it ever occur to you, or was it ever said to you, or did you ever form an opinion that in order to compete on an international level you had to go on a steroid program?

25 A. That's what it takes to be number one. Because from -- from my involvement with steroids, I mean actually it goes back as far as 1978 as you can see in the

American schools, so it's there.

Q. From the time that you had the experience at Clemson with steroids up until the time that Tony gave you --

5 A. Yes.

Q. -- these pills, I take it there was no steroid use?

A. No.

10 Q. And was it something that you just never thought of it, or you just decided for some reason you didn't want to take steroids during that time period?

A. Yes.

15 THE COMMISSIONER: Mr. Lipkus, you and Mr. Futerman have been spending a lot of time with witnesses as to their own knowledge of side effects. I don't know how exactly it's relevant so far as Mr. Johnson is concerned, but if you think it is --

MR. LIPKUS: Well, I had finished the area on the side effects I was just going into now --

20 THE COMMISSIONER: We have been going through this day after day with every witness. I have been very -- I have been very patient and very lenient on matters which are being raised by you and Mr. Futerman which seem to me not very relevant so far as your client
25 is concerned.

MR. LIPKUS: Mr. Commissioner, I had finished my questions on the side effects.

THE COMMISSIONER: All right. Well, then you go on then.

5 MR. LIPKUS: I had wanted to get into just to establish that he hadn't used any steroids during that time period, and then I wanted to ask him something about Mr. Sharpe.

10 THE COMMISSIONER: Go on to your next question, please.

MR. LIPKUS: Thank you.

MR. LIPKUS:

15 Q. At the time that Mr. Sharpe gave you these pills, at that time had you had any discussions with Mr. Sharpe about whether you should or shouldn't go on a steroid program?

A. No, it was pretty well my choice.

Q. You gave --

20 A. We never really discussed --

Q. So, it was -- it sort of just came up, it was a opportunity, and you decided on the spur of the moment to take them?

A. Yes.

25 Q. Did anyone ever try to stop you from

taking steroids?

A. Stop me?

Q. Yes?

A. No.

5 Q. Nobody ever sat down with you and said,
look, I don't think you are doing the right thing?

A. Well, as I said before, it is basically
just use it for conditioning purposes.

10 Q. And when you said that a coach tries to
steer you in the right direction, I take it that what you
were referring to was everything to do with being a better
runner, including the training program that you are going
to use, including funding, helping you with -- try to
obtain funding?

15 A. Yes.

Q. Including giving you advice about
vitamins?

A. Uhuh-huh.

20 Q. Including if it comes up giving you
advice about steroids?

A. Yes.

Q. That's what you were referring to about
what you looked to a coach to do?

A. Yes.

25 Q. And Charlie Francis, as your coach, are

those the areas that you looked to him to give you assistance?

A. Sure, we have touched every area.

5 Q. If Charlie Francis had tried to stop you from taking steroids, because of their side effects or for whatever reason, would he have been able to convince you not to?

A. Yes, he would have.

MR. LIPKUS: Thank you, sir.

10 THE COMMISSIONER: Thank you. Mr. Bourque, any questions?

MR. BOURQUE: No, thank you, Mr. Commissioner.

15 THE COMMISSIONER: Mr. DePencier, any questions?

MR. DePENCIER: No, thank you, Mr. Commissioner.

THE COMMISSIONER: Mr. Sookram.

MR. SOOKRAM: Yes, sir.

20 THE COMMISSIONER: I am sorry, Mr. Pratt, do you have any?

MR. PRATT: No, thank you, Mr. Commissioner.

THE COMMISSIONER: Mr. Sookram.

25

--- EXAMINATION BY MR. SOOKRAM:

Q. Mr. McKnight, you described Dr. Astaphan in these specific words: "He was more of a friend than a doctor"?

5 A. Yes, he was.

Q. Did you at any time visit Dr. Astaphan's house?

A. His house? No.

Q. Did you at any time have Dr. Astaphan -- did Dr. Astaphan at any time visit you at the track?

A. Yes, lots of times.

Q. Lots of times?

A. Yes.

15 Q. And when he came there, did he from time to time ask you questions about how you felt after your run?

A. Exactly, yes.

Q. And did you at any time discuss with him in his clinic how you felt after you had taken these steroids?

A. How I felt?

Q. Yes?

A. No.

25 Q. You never discussed that?

A. No.

Q. Did you at any time notice in
yourself --

A. Yes.

5 Q. -- any effects which made you feel that
you shouldn't continue taking the steroids?

A. No.

Q. If you had felt such effects, would you
have told it to your doctor?

10 A. Yes, I would have.

Q. Now, you told us that you took "D's",
Dianabols, at Clemson University?

A. Yes.

15 Q. And I got the impression that it was
given to you by your coach?

A. Yes.

Q. Did you ask the coach what the steroids
were meant to do for you?

A. We knew that -- no, we didn't ask him.

20 Q. You knew --

A. Yes, we knew.

Q. Had you heard about when you were in
the United States, had you heard about other athletes
using the drugs on the campus?

25 A. Oh, we knew a lot of the football

players, football players were into --

Q. On the campus?

A. Yes, oh, yes.

Q. Did you keep a close watch on them --

5 A. No, no.

Q. -- to see if they had any bad after
effects?

A. No.

10 Q. Were you in their company at any time
when they took steroids?

A. Other athletes?

Q. Yes, in the United States?

A. No, only amongst ourselves, our
athletes.

15 Q. When your coach introduced you to
steroids at Clemson, did he refer you to a doctor?

A. No.

Q. No, but Mr. Francis did?

A. Yes.

20 Q. After he find out that you were taking
steroids --

A. On our own.

Q. -- without his knowledge --

A. Yes.

25 Q. -- and without supervision?

A. Yes.

Q. Can you remember your first visit to Dr. Astaphan?

5 A. Pretty well, it was just a friendly -- friendly visit.

Q. Yes.

10 A. He was my family doctor and we just sat down and we spoke about track and field. Like I said, track and field, you are my own personal, what's -- what do you want to do, what do you want to achieve for this year, and amongst like that, everyday things --

Q. I am so sorry, I didn't mean to --

A. That's okay.

15 Q. At that time when you went to visit Dr. Astaphan for the first time, did you tell him that you wanted him to be your family doctor?

A. Yes.

Q. You didn't tell him that you came there specifically to get steroids?

20 A. No. In fact, Dr. Astaphan is such a good doctor that I recommended to -- I figure it must be about, probably about 10 people, about 10 people going to see him.

Q. For steroids?

25 A. No.

Q. Not for steroids?

A. Just family, family use.

THE COMMISSIONER: Family physician.

THE WITNESS: Family physician, yes.

5

MR. SOOKRAM:

Q. When you went there, Mr. McKnight, on that first occasion, how long did you stay?

A. About an hour.

10

Q. Is that, in your experience, a normal time you spend with your other doctors?

A. No.

Q. You are in and out like a shot?

A. Yes.

15

Q. Dr. Astaphan sat you down?

A. Yes.

Q. Talked to you?

A. It was a family, it was our family. It was a big family we had there. We always went there like say you can go there for a coffee, sit back and relax. You know, sometimes we did -- we did also brought him coffees at times, sit back and talk about track, what's going on within the system, and everything else.

20

Q. Before you went on steroids with Dr.

25

Astaphan --

A. Uhuh-huh.

Q. -- did you tell him that you had been introduced to steroids in the United States?

A. No.

5 Q. You didn't. Did you tell him that you had been taking steroids on your own in Canada?

A. No.

Q. But he did check you out first before he prescribed --

10 A. Oh, yes, he checked us out thoroughly. We went through blood tests, urine samples. Oh, yes, he was very, very, very particular on those areas.

We have had -- I figure we have had -- always checked our heart, went through our heart, your
15 heart, breathing, tests. A full physical, always a full physical. We always had -- we had about five or six in a period of about a year.

Q. Did you ever have any treatment for injuries from Dr. Astaphan?

20 A. No, I have never -- I have never had an injury in my life in track and field, never. Knock on wood, before I go outside and break my leg.

Q. Now, you have told us -- you have made my day.

25 You have told us that at one time Dr.

Astaphan gave you some pink Winstrol tablets?

A. Yes.

Q. About 10 you said?

A. Yes, somewhere around there.

5 Q. And that it had, as far as you were concerned, the same effect as Dianabol?

A. Yes.

Q. And the same effects as any other injectable steroid that you would have received from him?

10 A. Pretty well, yes.

Q. That is how your body responded?

A. Yes.

Q. Did the doctor tell you it was Winstrol tablets?

15 A. Did he tell me?

Q. Yes?

A. Yes.

Q. He told you?

20 A. Yes, we pretty well know -- we know -- have a pretty well fair knowledge.

Q. Yes.

A. It's not like we didn't go in there blind.

25 Q. Right. Are you able to tell us now, sir, four or five years after, whether it was Winstrol

tablets or Winstrol V tablets?

A. They were Winstrol tablets. I know Winstrol tablets, exactly what they look like.

MR. SOOKRAM: Thank you so much. No
5 further questions.

THE COMMISSIONER: Any further questions of this witness. No further questions.

MR. STEINECKE: No.

THE COMMISSIONER: Thank you. Mr.
10 Armstrong, re-examination.

MR. ARMSTRONG: No, I have no re-examination.

THE COMMISSIONER: May I just ask you a few questions I am not quite clear on.

15 At Tallahassee, before going to Tallahassee you had this mixture of steroid and Inosine for you and Mr. Sokolowski?

THE WITNESS: Yes.

THE COMMISSIONER: And were you aware of
20 whether the others who were there at that time had their own supply of this steroid?

THE WITNESS: I am not quite clear, but I think they might have had their own supply, but Mike and myself we made sure that we went and got our own.

25 THE COMMISSIONER: As I understand it

because you and Mike felt that --

THE WITNESS: We were cut --

THE COMMISSIONER: -- you were being cut
out by the other group --

5 THE WITNESS: Yes.

THE COMMISSIONER: -- by the "in-group".

THE WITNESS: Yes, and --

10 THE COMMISSIONER: And you were part of the
"out-group". And you went to Dr. Astaphan to really get
your own supply?

THE WITNESS: Yes.

THE COMMISSIONER: And I guess you have
assumed that the others had their supply, then?

THE WITNESS: Yes.

15 THE COMMISSIONER: And when you went to Dr.
Astaphan, I am sorry then Mr. Francis came in and sort of
took this, your supply?

THE WITNESS: Yes.

20 THE COMMISSIONER: And suggested that Mr.
Johnson had a greater priority in the group than either
you or Mr. Sokolowski.

THE WITNESS: Yes.

THE COMMISSIONER: And that these steroids
were for Mr. Johnson?

25 THE WITNESS: They were for us -- were they

for Mr. Johnson?

THE COMMISSIONER: He wanted them for Mr. Johnson?

THE WITNESS: Yes.

5 THE COMMISSIONER: Then I guess you were still upset about it when you came back to Toronto and wanted to find out what really happened?

THE WITNESS: Yes, and went --

10 THE COMMISSIONER: And you went to Dr. Astaphan, and Dr. Astaphan explained that he had given the supply to Mr. Johnson to take with him to Tallahassee. Was that just for himself or was that for the group, do you know?

15 THE WITNESS: That was -- I am not quite -- I am not sure. It was probably more than likely for Mr. Johnson himself.

20 THE COMMISSIONER: I see. And that he had forgotten to take them with him. And that explained to you, I guess, what Mr. Francis, why he reacted that way, I guess?

THE WITNESS: Yes.

25 THE COMMISSIONER: Is that right. Now, I think you said when Mr. Francis returned on occasion after they had been at training camp and you were still in Toronto, he noticed how strong you were. And I guess

could you yourself judge by looking at other athletes by their change in physique and their strength --

THE COMMISSIONER: -- whether in your opinion they had been on steroids?

5 THE WITNESS: That's an automatic. Oh, yes.

THE COMMISSIONER: So, you could actually tell looking at the change in a person's physique?

THE WITNESS: Yes.

10 THE COMMISSIONER: You noticed that yourself about the others?

THE WITNESS: Yes.

THE COMMISSIONER: And I guess most people knowledgeable in track and field or athletics would also have that type of ability --

15 THE WITNESS: Sure, I mean --

THE COMMISSIONER: -- to size up others?

20 THE WITNESS: Sure. I mean you can go in the weight room one week and you see a guy lifting 135 pounds, and in a matter of two weeks later the guy is up to like 300 pounds.

THE COMMISSIONER: Rights.

THE WITNESS: It's that far of a gain.

25 THE COMMISSIONER: When he saw you with this rather rapid rise in your strength and in your ability to lift and squat, I guess he realized that he

thought you were on steroids? Mr. Francis?

THE WITNESS: Yes.

THE COMMISSIONER: And did he recommend that you cut it down or cut it back, I think you said he
5 wanted you to --

THE WITNESS: Well, he just recommend that we take it kind of easy. He knew we were -- he is a coach, he has eyes that sensitive, that minute, he knew that something wasn't right there. So, he just told us
10 cut down on the weights, guys be careful, you know.

THE COMMISSIONER: But the decision to go on a program actually preceded --

THE WITNESS: That's basically -- it's not really -- it's your own decision.

15 THE COMMISSIONER: In your case --

THE WITNESS: My own decision.

THE COMMISSIONER: -- Mr. Francis was actually away when you were taking these steroids?

THE WITNESS: Yes.

20 THE COMMISSIONER: When you came back from Clemson, I think you said initially you did not tell Mr. Francis you had been on it, you had a cycle of steroids or a program of steroids at Clemson initially, you didn't tell him that initially?

25 THE WITNESS: No.

THE COMMISSIONER: When did you tell him?

THE WITNESS: He sort of knew, he had some idea that there was --

THE COMMISSIONER: Did you and Desai
5 discuss it with him at all?

THE WITNESS: No. Chuck sort of had an idea that we were -- I am sure somewhere along the line I did tell him there was some Dianabol tablets.

THE COMMISSIONER: Pardon?

10 THE WITNESS: Somewhere along the line I did tell him that there was some -- he knew that there was some --

THE COMMISSIONER: Was Desai Williams there when you discussed it?

15 THE WITNESS: No, Desai wasn't there.

THE COMMISSIONER: I see. And then following that is when he recommended that you go to see Dr. Astaphan?

THE WITNESS: Yes.

20 THE COMMISSIONER: Which you went apparently in the spring of '84?

THE WITNESS: Yes.

THE COMMISSIONER: I see. All right.
Well, thank you, very much --

25 THE WITNESS: Thank you.

THE COMMISSIONER: -- Mr. McKnight. Thank you. Mr. Armstrong.

MR. ARMSTRONG: Yes, Mr. Commissioner, as you may have gathered from comments that I made yesterday,
5 I was attempting today to find a witness or a group of witnesses who would nicely fit in and fill the day.

I had one witness, who, unfortunately, would have filled the day and no more I thought, but his lawyer is engaged in court this morning and he was unavailable to
10 be here until this afternoon.

Then I had Mr. in McKnight available plus another witness who would have just nicely filled the day, but that witness was ill.

That's all by way of saying that
15 unfortunately Mr. McKnight is our last witness. Any other witness that I would have had available would have taken us beyond today. And in fairness to those who have planned their schedule on the basis that we were finishing today, I thought that with your indulgence, and believe
20 me, I don't have any other alternative unless I call Ms. Chown or somebody else as my next witness --

THE COMMISSIONER: Maybe we will put you in the witness box.

MR. ARMSTRONG: All right.

25 THE COMMISSIONER: I understand these

things happen. And you have advised counsel, and we are pretty fortunate so far that the witnesses have been here on schedule.

5 THE WITNESS: Well, the weather is a little bad anyways.

THE COMMISSIONER: We all have a lot of work to do, I have got a great deal of work to do and I can take advantage of these few extra hours that you have given me.

10 So, the hearing will be adjourned now to Monday morning, the 24th of April, at 10:00. Is that the right date?

MR. ARMSTRONG: That's it.

THE COMMISSIONER: All right. Thank you.

15 MR. ARMSTRONG: Thank you.

THE COMMISSIONER: Thank you, Mr. McKnight.

--- Whereupon the hearings adjourned until Monday, April 24, 1989 at 10:00 a.m.

20

25

38 DAVE MCKNIGHT

Apr 13/89